BASIC HUMAN LONGINGS/NEEDS

Connection	Acceptance	Affection	Appreciation
Belonging	Cooperation	Communication	Closeness
Community	Companionship	Compassion	Consideration
Consistency	Empathy	Inclusion	Intimacy
Love	Mutuality	Nurturance	Respect/Self-Respect
Support	Transparency	Trust	Warmth
Well-being of Others	Meaning	Creation	God's Presence
Grace	Awareness	Celebration	Challenge
Clarity	Competence	Consciousness	Contribution
Creativity	Discovery	Efficacy	Effectiveness
Growth Learni	ing Mourr	ning Partic	ipation
Growth Learni Purpose	ing Mourr Self-Expression	ning Partic Stimulation	ipation Understanding
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Purpose	Self-Expression	Stimulation	Understanding
Purpose Play	Self-Expression	Stimulation Humor	Understanding Peace
Purpose Play Beauty	Self-Expression Joy Communion	Stimulation Humor Ease	Understanding Peace Equality
Purpose Play Beauty Harmony	Self-Expression Joy Communion Inspiration	Stimulation Humor Ease Order	Understanding Peace Equality Honesty
Purpose Play Beauty Harmony Authenticity	Self-Expression Joy Communion Inspiration Integrity	Stimulation Humor Ease Order Presence	Understanding Peace Equality Honesty Physical Well-Being
Purpose Play Beauty Harmony Authenticity Air	Self-Expression Joy Communion Inspiration Integrity Food	Stimulation Humor Ease Order Presence Movement	Understanding Peace Equality Honesty Physical Well-Being Exercise